

K-8 Menu
MONDAY

TUESDAY

Harmony School of Science
WEDNESDAY

THURSDAY

FRIDAY

Aug
FEED YOUR CREATIVITY



Announcements:



Submit Your Artwork!

All meals are served with fruit and vegetables.
Ala Carte milk is \$.50
Choice of milk and Chocolate milk.

2

3

4

5

6

9

10

11

12

13

Vanilla Concha
Corn Chex

Lemon Muffin
Cheerios

Yogurt
Cinnamon Chex

Spaghetti Marinara
Pepperoni Pizza
Tuna Sandwich

Cheese Lasagna
Chicken Bites
Chicken Salad
Sandwich

Hot Dog
Chicken Ranchero
Cheese Sandwich

16

17

18

19

20

Plain Bagel W/ Cream
Cheese
Cheerios

French Toast Muffin
Corn Chex

Yogurt
Blueberry Chex

Strawberry Granola
Cinnamon Chex

Blueberry Muffin
Cheerios

Nacho Cheese Calzoni
Bean & Cheese Burrito
Chicken Salad Sandwich

BBQ Beef Rib Sandwich
Crispy Chicken Sandwich
Cheese Sandwich

Hot Dog W/ Green Beans
Pepperoni Pizza
Green Flatbread

Chicken Alfredo
Chicken Enchiladas
Honey Mustard Chicken
Wrap

BBQ Chicken w/ Cheesy
Rice
Chicken Garlic Noodle
Sunbutter Jelly Kit

23

24

25

26

27

Yogurt W/ Granola
Corn Chex

Vanilla Concha
Cinnamon Chex

French Toast Muffin
Cheerios

Strawberry Pancake
Bowl
Cinnamon Chex

Blueberry Bagel W/
Cream Cheese
Corn Chex

Cheeseburger
Hamburger
Sunbutter Jelly Kit

Bean & Cheese Pupusa
BBQ Beef Rib Sandwich
Mighty Meal Deli

Cheese Pizza
Pepperoni Pizza
Veggie Wrap

Sphagetti Meatball
Chicken Enchiladas
Cheese Sandwich

Chicken Bites
Chicken Jambalaya
Cheese Sandwich

30

31

Yogurt
Cheerios

Plain Bagel W/ Cream
Cheese
Blueberry Chex

Nacho Pretzel Calzoni
Chicken Quesadilla
Chicken Salad
Sandwich

Chicken Biscuit
BBQ Beef Rib Sandwich
Green Flatbread



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org