

Pre-K Menu

Harmony School of Science

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Aug
FEED YOUR
CREATIVITY



Announcements:



Submit Your Artwork!

All meals come with fruit and vegetables. Any extra Ala Carte Milk is \$.50 PreK students get 1% low fat milk.

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Yogurt w/ educational snacks
Corn Chex

Spaghetti Marinara
Pepperoni Pizza
Tuna Sandwich

Lemon Muffin
Cheerios

Cheese Lasagna
Chicken Bites & Waffles
Chicken Salad Sandwich

Yogurt W/ Educational Snacks
Cinnamon Chex
Pancake w/omelet w potatoes
Chicken Ranchero
Cheese Sandwich

Plain Bagel w/ Cream Cheese
Cheerios W/ Educational Snacks
Nacho Cheese Calzoni
Beans & Cheese Burrito
Chicken Salad Sandiwch

French Toast Muffin
Corn Chex

BBQ Beef Rib Sandwich
Crispy Chicken Sandwich
Sun Butter Jelly kit

Yogurt W/ Educational Snacks
Blueberry Chex

Cheese Panada
Pepperoni Pizza
Tuna Sandwich

Strawberry Granola
Cinnamon Chex

Pasta Alfredo
Chicken Enchiladas
Honey Mustard Chicken
Wrap

Blueberry Muffin
Cheerios

BBQ Chicken w/Cheesy Rice
Chicken Garlic Noodle
Sunbutter Jelly Kit

Yogurt W Granola
Corn Chex

Cheeseburger
Hamburger
Sunbutter

Cinnamon Crumble
Cheerios

Bean & Cheese Pupusa
BBQ Beef Rib Sandwich
Mighty Meaty Deli

French Toast Muffin
Corn Chex

Cheese Pizza
Pepperoni Pizza
Veggie Wrap

Strawberry Pancake
Bowl
Cheerios

Spaghetti Marinara
Chicken Enchiladas
Chicken Salad Sandwich

Blueberry Bagel W/ Cream Cheese
Corn Chex

Chicken Bites
Chicken Jambalaya
Cheese Sandwich

Yogurt
Cheerios

Nacho Pretzel
Chicken Quesadilla
Chicken Salad
Sandwich

Plain Bagel W/ Cream Cheese
Blueberry Chex

Chicken Biscuit
BBQ Beef Rib Sandwich
Sunbutter Jelly Kit



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org