

Harmony School of Science

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4
Blue Berry Chex
Zee Zee Crisp Bar

Chicken Taco
Cheese Tamale
Chicken Salad Sub

5
Cheerios
Bagel

Cheese Pizza
Red Beans and Rice
Tuna Sandwich

6
Chicken Sausage and Cheddar Brekwich
Chex
Vanilla Concha
Hot Dog
Spaghetti Marinara
Mighty Meaty Dely

7
Cheesy Egg And Potato Scramble
Cheerios
Waffle
BBQ Chicken W/ Cheesy Rice
Sub Sandwich

1
Cheese Egg and Potato Scramble
Strawberry Pancake Bowl
Chex
Cheese Pizza
Chicken Sandwich

8
Pancakes
Cinnamon Chex
Strawberry Pancake Bowl
BBQ Beef Rib Sandwich
Fiesta Scoops
Chicken Salad Sub

11
**REMINDER
NO SCHOOL**

12
Corn Chex
French Toast Muffin
Pepperoni Pizza
Greek Flatbread
Tuna Sandwich

13
Buenos Dias Burrito
Cheerios
Yogurt
Cheesy Ravioli
Pasta W/ meat Sauce
Chicken Wrap

14
Omelet & Cheese Gordita
Chex
Zee Zees Bar
Bean & Cheese Burrito
Chicken Sandwich
Sunbutter Jelly Kit

15
French Toast Sticks
Blueberry Muffin
Cheerios
Crispy Chicken Sandwich
Veggie Chili
Cheese Sandwich

18
Chex
Yogurt & Granola

Beef Burger
Beef Cheeseburger
Sunbutter Jelly Kit

19
Chex
Vanilla Concha

Teriyaki Chicken
Chicken Enchiladas
Greek Flatbread

20
Waffle
Cheerios
French Toast Muffin
BBQ Beef Rib Sandwich
Spaghetti Marinara
Turkey Sandwich

21
Cinnamon Toast Bagel
Cinnamon Chex
Strawberry Pancake Bowl
Cheese Pizza
Chicken Jambalaya
Cheddar Cheese Sandwich

22
Chicken Sausage & Cheddar Brekwich
Blueberry Bagel
Chex
Hot Dog
Fiesta Scoops
Mighty Meaty Deli

25
Cheerios
Yogurt & Educational Snack
Burrito Soyrizo
Chicken Taco
Chicken Salad Club Sandwich

26
Cinnamon Chex
Plain Bagel
Chicken Gumbo
Greek Flatbread
Turkey Cheese Sandwich

27
Buttermilk Pancake
Cheerios
Lemon Muffin
Cheese Pizza
Kickin' Chicken Melt
Chicken Wrap

28
Buenos Dias Burritos
Cheerios
Lemon Muffin
Bean and Cheese Gordita
Chicken Teriyaki
Greek Chicken Flatbread

29
Waffle
Cinnamon Chex
Strawberry Pancake Bowl
Mozzarella Stuffed Breadsticks
Sub Turkey Sandwich



Announcements:

*Underlined items are the Choices for Breakfast.

All meals are served with fruit and vegetables.

Choice of milk and Chocolate Milk

Alacarte Milk is \$.50



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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