

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Cinnamon Chex  
Bagel W/ Cream Cheese

Hot Dog  
Taco Dippers

2

Buttermilk Pancakes  
Cheerios  
Lemon Muffin

Chicken Bites  
Chicken Melt Sandwich

3

Biscuit and Gravy  
Chex  
Waffle

Cheese Pizza  
Oven Roasted Sandwich

4

Waffle  
Cinnamon Chex  
Strawberry Pancake Bowl

BBQ Beef Sandwich  
Chicken Gumbo

5

Autumn Spice Muffin  
Chex

Cheese Tamale  
Nacho Pretzel Calzone

8

Cheerios  
Bagel W/ Cream Cheese

Cheese Pizza  
Pepperoni Pizza

9

Chicken Sausage & Cheddar Sandwich  
Vanilla Concha

Spaghetti Marinara  
Hot Dog

10



Pancakes  
Cinnamon Chex  
  
Chicken Bites and Waffle  
Fiesta Scoops

12

Cheerios  
Bagel

Pancakes & Omelet  
Chicken Fajita  
Quesadilla

15

Chex  
French Toast Muffin

Cheese Pizza  
Turkey W/ Sweet Potatoes

16

Strawberry Pancake Bowl  
Cheerios

Pasta Alfredo  
Pepperoni Pizza

17

Buenos Dias Burrito  
Zee Zees Cinnamon Bar

Bean & Cheese Burrito  
Oven Roasted Chicken Sandwich

18

French Toast Sticks  
Blueberry Muffin

Crispy Chicken Sandwich  
Hearty Veggie Chili

19

22

23

24

25

26

Thanksgiving vacation  
No School



29

Corn Chex Cereal  
Yogurt

Chicken Gumbo  
Greek Garbanzo Flatbread

30

Corn Chex Cereal  
Bagel W/ Cream Cheese

Burrito Soyrito  
Chicken Enchiladas

Nov  
FEED YOUR CREATIVITY



Announcements:

\*Underlined Items are the choices for Breakfast.

All meals are served with fruits and vegetables.

Alacarte milk is \$.50



Food and Nutrition Division  
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

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