

Harmony School of Science Breakfast / Lunch Menu

AUG

MENU 2022

**GEAR UP FOR
S.T.E.M**



ANNOUNCEMENTS:
A la Carte milk
0.50 cents.

*All Breakfast and
Lunch comes with a
side of Fruit & Milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST	2 ND	3 RD	4 TH	5 TH
8 TH	9 TH	10 TH	11 TH	12 TH
15 TH Waffles w/Syrup Hot Dogs Chili Beans Cucumbers	16 TH Muffin & Cracker Picadillo Stew Mexican Rice Mixed Veggies	17 TH Yogourt & Granola Popcorn Chicken Baby Carrots Mashed Potatoes WW Bread	18 TH French Toast w/Syrup Pasta Casserole Steamed Corn WW Bread	19 TH Cold Cereal Banana Fresh Peperoni Pizza Tossed Salad Ranch Dressing
22 ND Concha White or Chocolate Corn Dog French Fries Baby Carrots	23 RD Egg w/Turkey 2 WW Bread Banana Fresh Spaghetti and Meat Sauce WW Bread Tossed Salad	24 TH Pancakes w/Syrup Chicken Fingers Steamed Corn WW Bread	25 TH Grilled Cheese w/Ham WW Bread Cheeseburger French Fries Lettuce & Tomato	26 TH Cold Cereal Banana Fruit Supreme Nachos W/Beef & Beans Tossed Salad
29 TH Yogurt & Granola Crispy Tacos Mexican Rice	30 TH Oatmeal & Toasted Bread Chicken Teriyaki /White Rice Steamed Corn	31 ST Egg w/Chorizo 2 WW Bread Meatballs Baguette Steamed Carrots		



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division



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